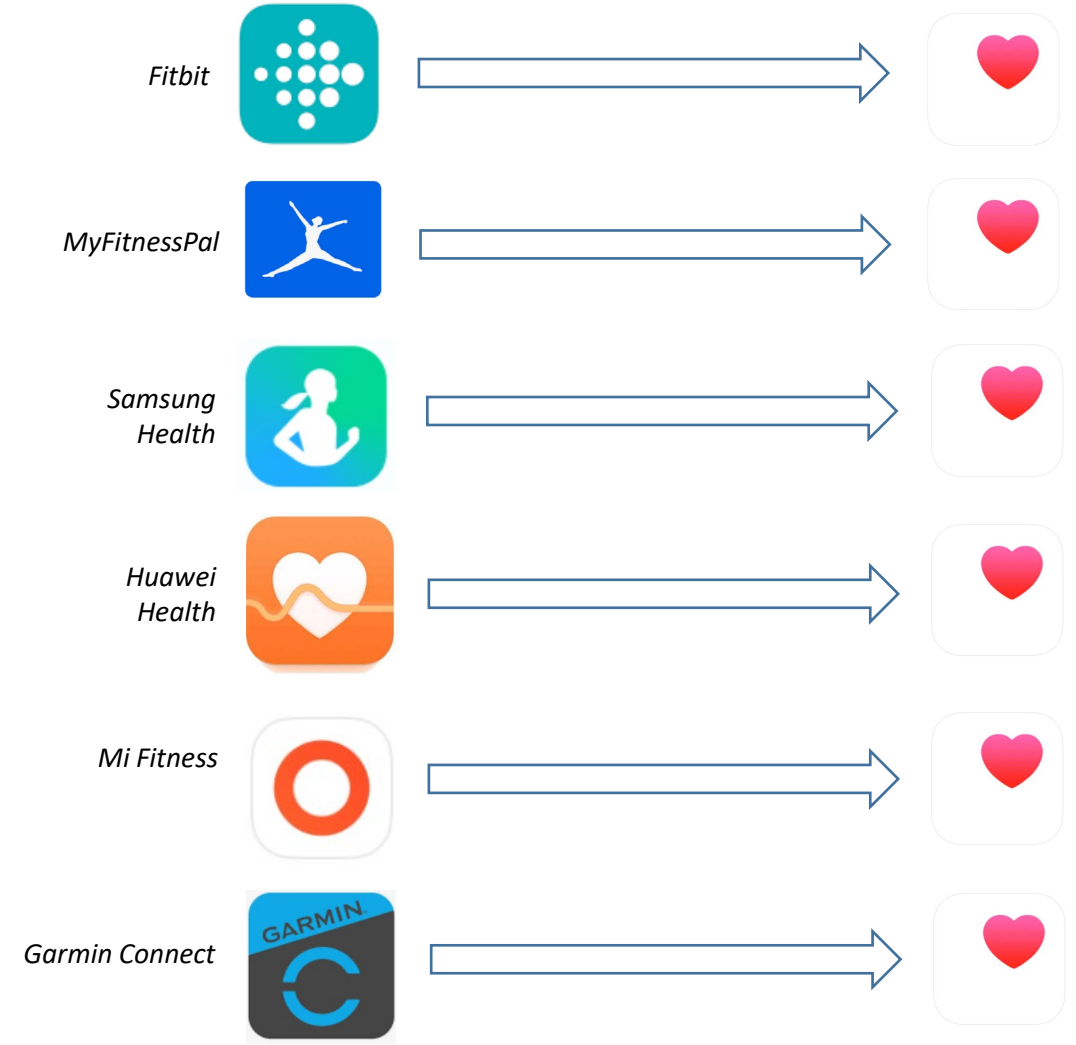
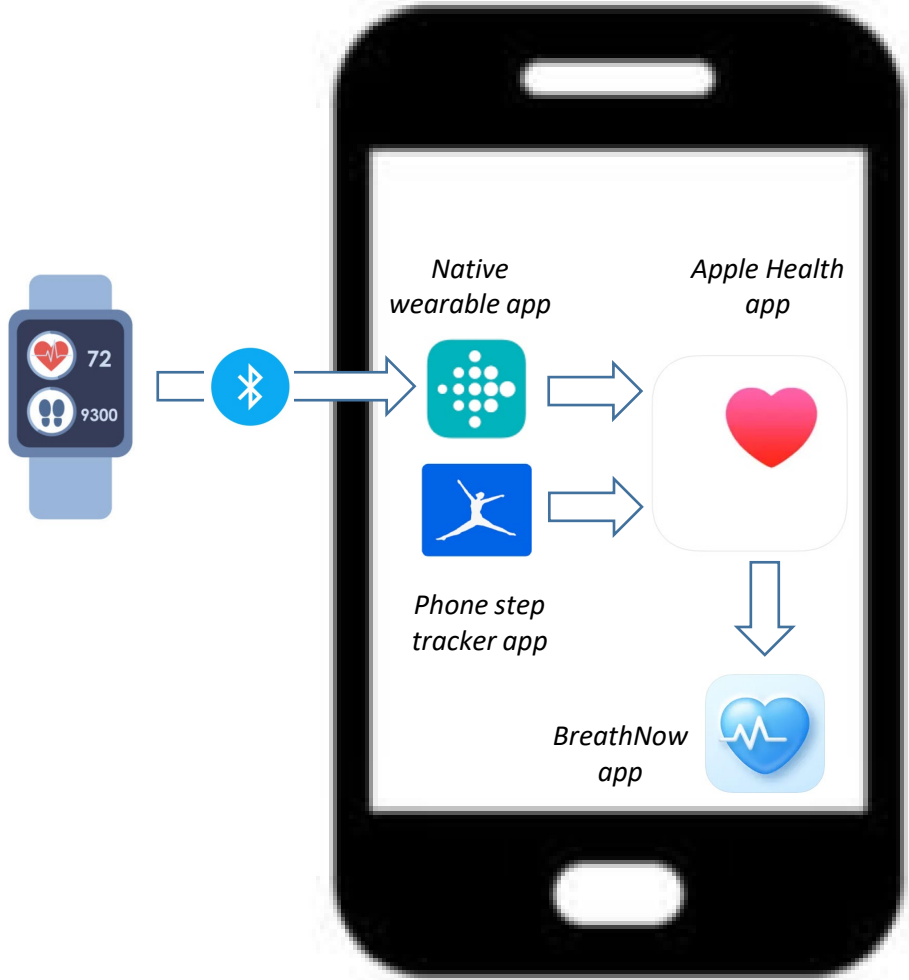


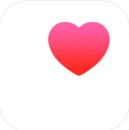
IOS:

Share your physical activity data from your wearable or step counting app on your phone

You need to set permissions between your particular activity app and Apple Health on your phone for the data to flow. Here are some **examples**.



Setting data access permissions in Apple Health



Click on your particular activity app and choose the data fields you wish to share

